



RD ALCHEMY
NATURAL
PRODUCTS
LESSEN THE
SEVERITY
OF COLDS
AND FLU

By Regina Di Silvestro

improving your odds

STAYING HEALTHY DURING THE cold and flu season doesn't have to be difficult. Besides the old standbys of frequent hand washing, getting plenty of rest and eating right there are other ways to help prevent or lessen the severity of colds and flu this season. With RD Alchemy Natural Products Imm-Prove™ - Immune Therapy system of soaks, serums, massage oils and sprays one can definitely have a better chance at beating the odds.

Imm-Prove™ - Immune Therapy is therapeutically targeted to provide support for: colds, flu, allergies, sinusitis, respiratory infections, bronchitis and compromised immune function.

Imm-Prove™ products provide therapy specific blends of herbal extracts which utilize the skin as their primary

form of therapeutic delivery. Fifteen herbal extracts of Echinacea angustifolia, Echinacea purpurea, Astragalus and Oregon Grape help enhance and maintain the immune system improving its ability to defend infectious and non-infectious disease while Ginger and Chamomile ease nausea and digestive disturbances. Licorice and White Willow help reduce inflammation and fevers. Eucalyptus, Osha, Wild Cherry and Fenugreek provide respiratory support and ease coughs. Eyebright and Nettle help ease sinusitis and allergies and Amalaki provides vitamin C. All these herbs combined create a superior immune defense support to help overcome a weakened immune system and its associated disorders.

For more info please visit www.rdalchemy.com or call 619-825-6078. ☩