

Calm™ Relaxing

Features & Benefits:

- Promotes relaxation
- Soothes excitability
- Occasional nervousness
- Supports sense of well being
- Adaptation to stress
- Calms to help you sleep better

Six relaxing and calming herbal extracts of Valerian, Kava Kava, Lemon Balm, Passionflower, Skullcap and Hops along with five adaptogenic herbal extracts of Ashwaganda, Astragalus, Siberian Ginseng, Schisandra and Licorice combined with pure essential oils help calm the mind, body and spirit while herbal adaptogens help promote healthy adaptation to occasional stress.

Hydrotherapy Soak

Massage Oil

Body Serum

Aromatherapy Mist

Care Package



R.D. ALCHEMY
natural products