

# Products & Protocols for: *Aestheticians, Facialists, Medical Spas, Dermatologists & Plastic Surgeons*

## Soothing Aromatherapy Spray

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- Before or during any treatment spray the Calm™ Aromatherapy Mist in the treatment room and over client. Have them take a deep breath and relax.

## Facial Massages

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- Gently massage the face and neck with any one of these massage oils or serum before or after any facial to help relax tense facial muscles and improve circulation.

Anti-Aging - Redox™ Massage Oil or Serum

Skin Nourishing - Cutisyn™ Massage Oil or Serum

Acne / Blemish Prone - Cutisyn™ Ointment

## Facial Hot Towel Wraps

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- Soak towels or linens in a hot or warm water that is infused with our Calm™ Hydrotherapy Soak (or heat soaked towel in a microwave until warm).

- Wring out the towel and apply the warm, hydrotherapy soaked towel loosely over client face and neck.

- Leaving mouth area open, leave on for about 5 minutes or until cool.

Let the soothing herbal aroma and calming extracts relax tense facial muscles while the gentle heat helps open pores.

## Scalp / Hair Treatments

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- Apply the Kranion™ Clarifying Masque with fingertips all over scalp and hair and massage for about 5 minutes.

- Rinse with warm water (or massage scalp and hair with a wet towel).

- Next apply the Kranion™ Nourishing Serum onto scalp and hair massaging for another 5 minutes.

- Wrap the entire hair and head in a warm towel and leave on for 5-20 minutes.

- Remove towel and rinse hair with warm water or leave on if desired.

## Decollegate Treatment

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- First apply the Cutisyn™ Body Scrub gently over the neck and upper chest.
- Next apply the Cutisyn™ Body Masque over the scrub and leave on for 15 minutes.
- Wipe with a warm, damp towel.
- Finish with massage with the Cutisyn™ Body Serum or Massage Oil.

## Hand Treatments

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### Glove/Mitt

- Apply the Cutisyn™ Body Masque all over hands and forearms and leave on for about 5 minutes.
- Wipe off masque with a warm damp towel and water.
- Next apply the Cutisyn™ Body Butter all over hands and forearms and place hand in warm mitts or gloves and leave on during the facial or other treatment.
- When finished, remove gloves or mitts and gently massage the rest of the butter into hands.

### Paraffin Wax

- Apply the Cutisyn™ Body Butter over hands, fingers and forearms prior to dipping into Paraffin wax system and let set as usual.

## Cellulite Treatments

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- Apply the Varix™ Body Scrub in a vigorous, circular motion all over hips, thighs and outer buttocks.
- Leaving the scrub on, apply the Varix™ Body Masque over the same areas and leave on for 5-15 minutes.
- Wipe off both the scrub and masque with a warm damp towel.
- Finish by massaging the hips, thighs and outer buttocks with the Varix™ Body Serum and leave in.
- For best results: recommend 10-15 repeat treatments, along with daily application of the Varix™ Body Serum at home.

\*If using Endermologie, microcurrent or other device; first apply only the Varix™ Serum and then use as normal.

### Varicose or Spider Veins Treatments

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- Apply the Varix™ Body Masque gently over veins, wrap legs in a warm towel and leave on for 20-30 minutes.
- Gently wipe off masque and apply the Varix™ Serum generously over areas.
- For best results: recommended 1-15 repeat treatments, along with daily application of the Varix™ Body Serum at home.

### Waxing / Laser / IPL (Fotofacials)

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- Spray the Cutisyn™ Skin Soothe Spray over treated areas afterwards to help soothe and cool skin.
- For best results: recommend application at home multiple times throughout the day following treatments and anytime thereafter.